

New to this Edition!

Ensure the pathway to a successful nursing assistant career with the AHCA's **How to Be a Nurse Assistant** textbook. The 8th edition of this easy-to-read text has been revised to reflect the ever-changing healthcare landscape - including new procedure descriptions, updated terms and definitions, and expanded and enhanced content.

New to the 8th edition are the following topics:

- Abnormal changes in body functioning
- Alcohol-based hand rub procedure
- Applying and remove PPE
- Applying a gait belt
- Asepsis
- Blood pressure classifications
- Common preparation and completion steps
- Different types of incontinent products
- Domestic violence
- Down syndrome, cerebral palsy, and autism spectrum disorder
- Elimination
- Five food groups
- Gluten free, full liquid and clear liquid diets
- Incontinent Associated Dermatitis
- Insomnia
- Intellectual disability
- Long Term Care Survey
- Macular degeneration
- Mental health and substance abuse disorders
- Nurse aide regulations, competency testing, nurse aide registry
- Nutrition
- Physicians Orders for Life-Sustaining Treatment and Do Not Resuscitate
- Procedure for electronic blood pressure
- Procedure for measuring output
- Procedure for non-contact infrared temperature
- Prone, side-lying (lateral), and sims positions
- RACE and PASS acronyms
- Restless leg syndrome
- Safety Data Sheets (SDS)
- Sexuality
- Sleep apnea
- Stroke
- Telephone etiquette
- Types of urinary incontinence
- Vegan and vegetarian